



Colorado Training Trip 2023

Friday, Nov. 17 (travel day) - Friday, Nov. 24 (travel day)

FAQs for U14s

Is it mandatory?

Our Colorado trip is not mandatory, but highly encouraged. Yes, the skiing is usually incredible, and the kids make huge gains on snow, but it's also a week of learning independence while living amongst a team. This is one of the best lessons we bring home from the trip.

Do I need to accompany my child?

Parents do not need to come along! Of course you're welcome to come along; however, the kids stay independent of their parents. We have 2-3 condos, separated by gender, fully staffed with adult coaches and we ask you to trust us with them for the week. If they don't first wipe us out, we'll wipe them out before they return :)

What do I need to do prior to departure?

Details you need to take care of: flights, Dartmouth coach ticket, and a lift pass for A-Basin. This info is provided below. If for any reason your son or daughter won't travel with the group, we can make arrangements. Coaches take care of transportation in Colorado, lodging, food, etc..

Should my child attend?

If anyone needs help deciding whether this trip is right for your child, send an email to alpinerace@fordsayre.org and we can chat.

What is the cost?

We try to keep the economic impact of this camp low. In addition to flights and tickets, parents will split the group cost for lodging, transportation, food, and coaches' travel. We can estimate that the camp will cost somewhere between ~\$1,000-\$1,300 for the week.

FAQs for U12s

Is it mandatory?

Our Colorado trip is not mandatory, but we encourage U12s to participate because it's always a ton of fun and excellent early season skiing!

Do I need to accompany my child?

YES! U12s are required to be accompanied by an adult on this trip. Ford Sayre does not provide lodging or transportation for this age group. Coaches will provide the daily schedule and skiing location and plan to meet kids at the mountain. Parents DO NOT need to ski with their child. Kids will ski in a group with a coach each day.

Should my child attend?

If anyone needs help deciding whether this trip is right for your child, send an email to alpinerace@fordsayre.org and we can chat.

What is the cost?

We try to keep the economic impact of this camp low. Parents of U12 athletes in attendance should plan to help cover the coaches' expenses, which is approximately \$150 to 300, depending on total athlete numbers.

Travel Details

Group Airport Transportation

Dartmouth Coach - Round Trip Ticket (**parents must purchase for child in advance**)

*** If you purchase a child ticket, the online form requires an adult's confirmation number. We will share a coach's confirmation number here when it is available. Thanks for your patience.***

Nov 18 - Depart Lebanon @9:05am (arrive 11:40am)

Nov 24 - Depart BOS @6:50pm (arrive 9:45pm)

Group Flights (**parents must purchase for child in advance**)

Nov 17 - Southwest Flight #3281 (nonstop)

BOS→DEN

Departure @2:15pm

Arrival @5:05pm

Nov 24 - Southwest Flight #2558 (nonstop)

DEN→BOS

Departure @12:35pm

Arrival @6:15pm

U14 Transportation in CO

2 12-passenger vans

1-2 trucks

U14 Lodging

3 Condos in the Gateway Mountain Lodge by Keystone Resort

Address: 23100 US-6 Keystone, CO 80435

U14 Meals

All meals are prepared in the condos each day: breakfast, lunch, and dinner. Kids will need extra money to spend on food during travel (in the airport).

U12 Lodging

While U12 families need to arrange their own lodging, please consider staying at "The Springs", which can be booked through [Seymour Lodging](#). (It is convenient to Keystone village, and according to the kids, has the best pool.)

Ski Schedule (U12/14)

Sat Nov 18 - Loveland Basin

Sun Nov 19 - Loveland Basin

Mon Nov 20 - Arapahoe Basin

Tues Nov 21 - Arapahoe Basin

Wed Nov 22 - Arapahoe Basin

Thurs Nov 23 - Arapahoe Basin

Lift Tickets (U12/14)

Loveland Lift Tickets (purchased by coaches at a group rate)

- Tickets will cost \$35 for kids 14 and under and \$55 for 15+
- Parents please [sign up here](#) if you would like a group rate discounted ticket for yourself or any other kids traveling with you

A-Basin Lift Tickets (**parents must purchase for child in advance**)

- A-Basin Fall Pass is ONLY \$99 for ages (6-14)

<https://store.arapahoebasin.com/s/2023-24-passes/p/2023-24-fall-pass-packs>

Packing Details

"If you can't pack it in your boot bag, ski bag, and backpack 🎒 - then you have too much stuff!"

What to bring:

- Passport or ID (not necessary, but helpful)
- Homework
- Water bottle
- Granola bars or other snacks for traveling
- Spending money
- Toiletries and any medical stuff
- 2 pairs of long johns (top and bottom)
- 2 pairs of ski socks
- Warm hat 🧢
- 3 pairs of gloves/mittens (two for skiing and one for other uses)
- Snow boots
- Ski boots
- Helmet
- 1 pair SL skis (sharp)
- 1 pair GS Poles
- Snow pants (warm)
- Ski coat (warm)
- Underlayer coat for plane and extra cold days
- 1 pair sneakers and 1 set of workout clothes
- 1 pair of crocs / flip flops
- Swim suit
- Clothes for plane each way and for hanging out doing homework
- Retainer (Dr. Baker said so!)

What you think you might need, but you really won't use:

- Electronics
- That extra bag of clothes

Please don't bring (spare us!):

- Anything not on the packing list
- The really big teddy bear in your room
- Hard luggage (duffels only)
- Life jacket, pillows, sheets
- Candy (Dr. Baker said so!)

Communication while in CO

There is a CO-specific whatsapp channel to aid with logistics. All U12 and U14 families while in CO should join this channel.

Thanksgiving Dinner

The coaches will host a Thanksgiving feast at the U14 condos for all the U14 athletes traveling without families. U14 athletes whose families will be in CO and all U12 athletes are welcome to join the feast, but should contact alpinerace@fordsayre.org with their plan before November 1, 2023 to ensure we can fit comfortably in the U14 condos and we order enough food from Whole Foods.