



Athlete Code of Conduct

Junior Alpine Racing Program

As a participant in the Ford Sayre Junior Alpine Racing program, you commit to being a representative of our club and community, and you agree to: 1) abide by the Code of Conduct of both of our governing bodies, NHARA and USSS, and 2) try your best to meet the following Program Expectations.

Program Expectations:

Ford Sayre Alpine skiers will be honest, courteous and sportsmanlike at all times. This means:

- **Cooperate with and be responsive** to coaches, ski area personnel, and parent volunteers.
- **Encourage and support your teammates and other competitors.**
- **Respect others' personal property.**
- **Use only appropriate language.**
- **Keep yourself and others safe** by skiing responsibly and looking out for others.
- **Respect the ski areas rules.** Ski courteously so those skiers who do not race may also enjoy the slopes.
- **Respect all race day rules** that are put in place to govern conduct on race days, including methods of inspection, and limitations on fast skiing on public trails.
- **Be neat.** Always stow your gear neatly so that others may use the facility. Clean up after yourselves.
- **Thank** at least one person who helped make your ski day possible, whether it is a ski area worker, patroller, coach, race volunteer, or parent.
- **Act in a manner that reflects positively on Ford Sayre.**
- **Apologize FIRST** if you make a mistake, and then explain yourself.

In instances where there is a pattern of behavior that does not meet Program Expectations, a conversation between the athlete and coaches will be the first step. If the behaviors persist, the coaches will have a conversation with the athlete and his/her family and include the program heads, as necessary. If the behavior persists after both of these steps, coaches and program heads reserve the right to suspend the athlete from training and/or expel the athlete from the Junior Alpine Racing program without the return of training fees.

Any punishment greater than suspension from the program for one day may be appealed to the

Ford Sayre Board of Trustees. The Board of Trustees, and no other person or entity, shall have final decision and authority on any such appeal.

Athlete Signature _____

Date _____