

## **NOTES FOR PARENTS TO PREPARE FOR THE SEASON**

### **Parent Participation**

The Ford Sayre Ski Program relies heavily on the cooperation and participation of our parents to keep the organization strong. All parents are expected to help with the running of races for two reasons. First, without parent power, children will not have as many opportunities to race. Second, races raise funds which enable us to keep our program fees lower. Parents are expected to work at four races (five races for families with more than one child in the program). Devo Program parents will be expected to work one race.

### **Communication**

Concerns of the parents are concerns of the coaching staff and the Ford Sayre Program. If you have something on your mind, we encourage you to let us know about it sooner rather than later. If your question or concern relates to skiing or coaching, contact one of the Head Coaches (Jane LeMasurier U14, Matt Purcell U12, Sean Ross U10, Kristin Fauci Devo). If it relates to program administration, contact one of the Program Coordinators (Reese Madden or Megan Holthoff).

### **Racer Support**

\_\_While our Ford Sayre Junior program exists to teach kids the fundamentals of ski racing and to encourage them to pursue racing beyond the U14 level, we can't expect our kids to embrace the sport if they aren't having fun. We encourage our parents to remind their kids (and themselves) that at the end of the day, this is all just a game, albeit a game that can teach many important lifelong skills! Be your child's best advocate by remaining supportive even in times of perceived "defeat." Helping kids learn to deal with a bad training or race day will have a much greater impact on their joy for the sport -- and success! -- down the road!

### **Bullet Point Reminders!**

- Be your child's best fan
- Provide unconditional love and support regardless of performance
- Be a fan of the entire team
- Volunteer and participate
- Support the coach
- Let the coach do the coaching
- Be a role model for your child
- Understand the sport