

CONDUCT EXPECTATIONS OF RACERS

- Be courteous and sportsmanlike at all times.
- Be cooperative with and responsive to coaches, ski area personnel, and parent volunteers.
- Encourage and support your teammates and other competitors. Put-downs toward others are never allowed.
- Respect others' belongings. Fooling around with another athlete's equipment or belongings will not be tolerated.
- Profane and abusive language or behavior is not allowed at any time (on the racecourse, in the base lodge, after a race, in training, or any other time we have not specifically indicated).
- Respect the ski areas. Be aware of your behavior, and ski courteously so those skiers who do not race may also enjoy the slopes. Apologize FIRST if you make a mistake, and then explain yourself.
- Always stow your bags and gear in base lodges so that others may use the facility. Clean up after yourselves and encourage your friends to do the same. Treat your environment with respect.
- Follow any and all special rules that are put in place to govern conduct on race days, including methods of inspection, and limitations on fast skiing on public trails.
- Take time to thank at least one person who helped make your ski day possible, whether it is a ski area worker, patroller, race volunteer, or parent.

YOU ARE NOW A MEMBER OF A TEAM AND YOUR BEHAVIOR AFFECTS EVERYONE ON THE TEAM!